



CAMPAIGN IDEAS

- **Start a Disability Pride Club** Every Independent Living Center (ILC), school, college and university would benefit from the Youth Driven Disability Pride Club.
- **Organize peer-to-peer trainings** about the Own MY Power Freedom from Bullying Campaign and what they can do to protect youth from being bullied. Ask teacher allies or staff allies at the ILC to hold these trainings during class or hold them during Disability Pride Club meetings and invite everyone to attend.
- **Poster & flyer campaign** Educate through art! Plaster the hallways of school and the local ILC with educational posters and pass out flyers during lunch or outreach events.
- **Shoot a Video** For the Own MY Power Freedom from Bullying YO! Website
- **Take Action** Encourage everyone you know to TAKE ACTION on the YO! Website, sign the petition, share their story, contact their elected official.
- **Organize or advocate for a teacher/staff training** Educate the adults in your school and ILC on bullying and its impact on youth with disabilities and how they can support the Own MY Power Freedom from Bullying Campaign.



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- **Organize trainings for ally youth groups and clubs** Educate and connect with ally youth groups and train them how to intervene when they see bullying taking place.
- **Organizing in collaboration with ally youth groups and clubs** Be a part of national, state and local days of action: National Bullying Prevention Month, No Name Calling Week, R-Word Campaign, It Gets Better ...
- **Change your school district's policy.** Campaign for your school district to commit to _____
- **Circulate the Own MY Power Freedom from Bullying petition.** Gather student and staff signatures and show your principal and ILC Director how many people want your schools to be safer.
- **Organize a Freedom from Bullying speak-out** Host an open microphone hour where youth can talk about their experiences and discuss what needs to happen to feel safer.
- **Organize a Freedom from Bullying Rap** Host a Rap Contest hour where youth can develop and perform Rap songs about their experiences and what needs to happen on you to feel safer.
- **Cast a wider net with media activism.** Media help you reach more people, and they help create a community's values. Work write a letter to the editor when you see a story in the newspaper, submit an audio recording to Youth Radio, pitch a story to the local newspaper, get on the local radio station.